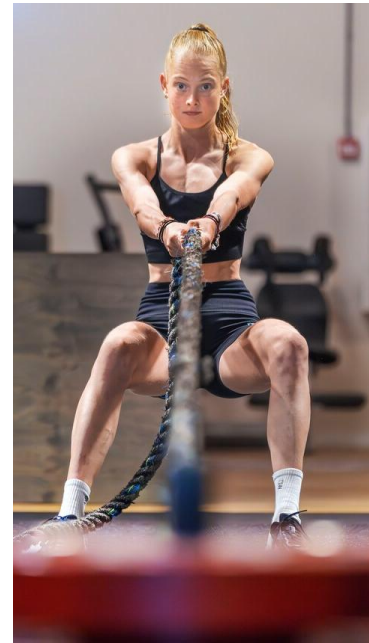


Kempen in beweging Data & Gevoel

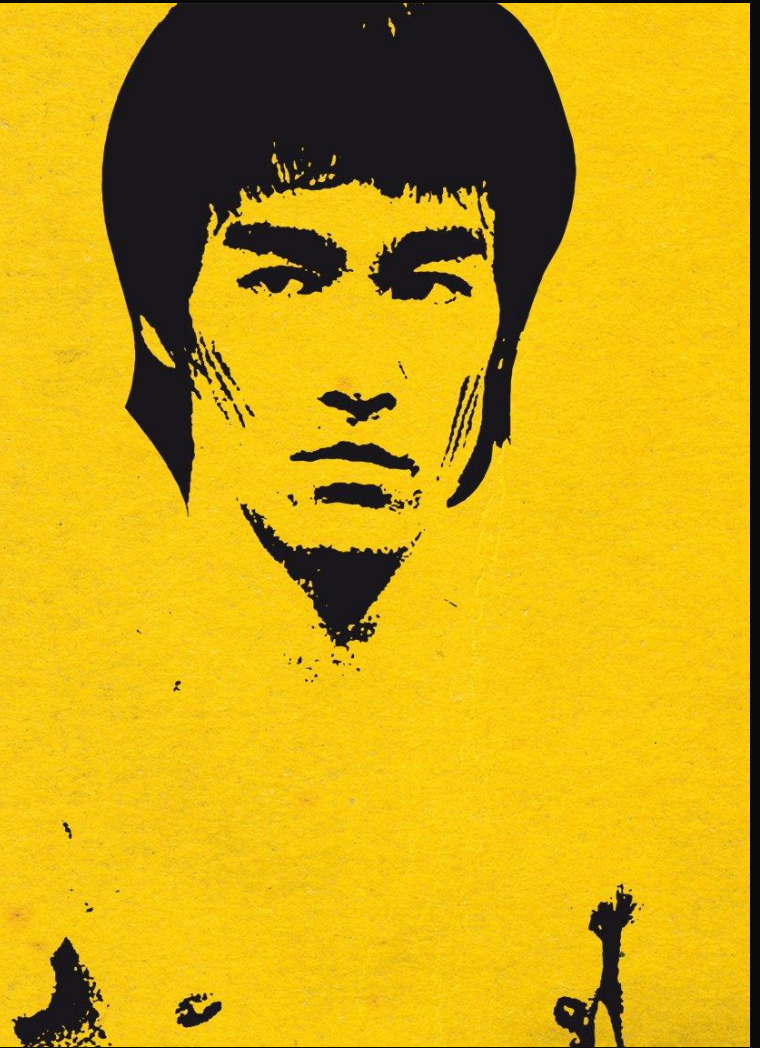
Koen de Haan

Koen de Haan



“A teacher is never a giver of truth; he is a guide, a pointer to the truth that each student must find for himself.”

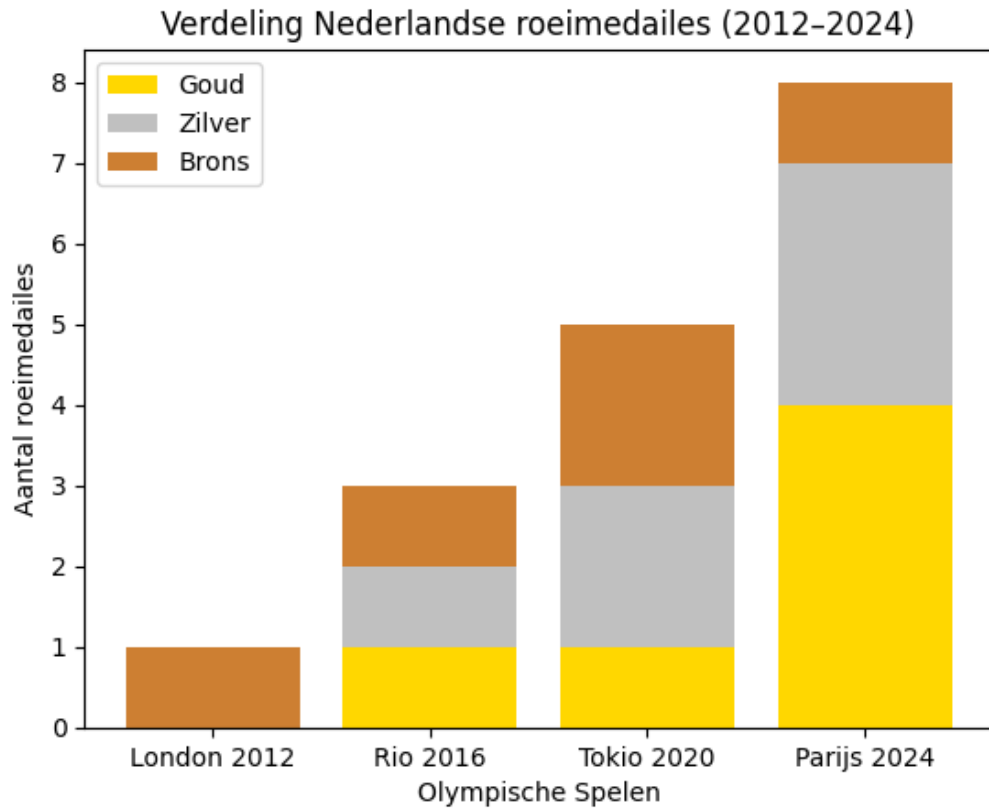
~Bruce Lee



Nederland Roeiland

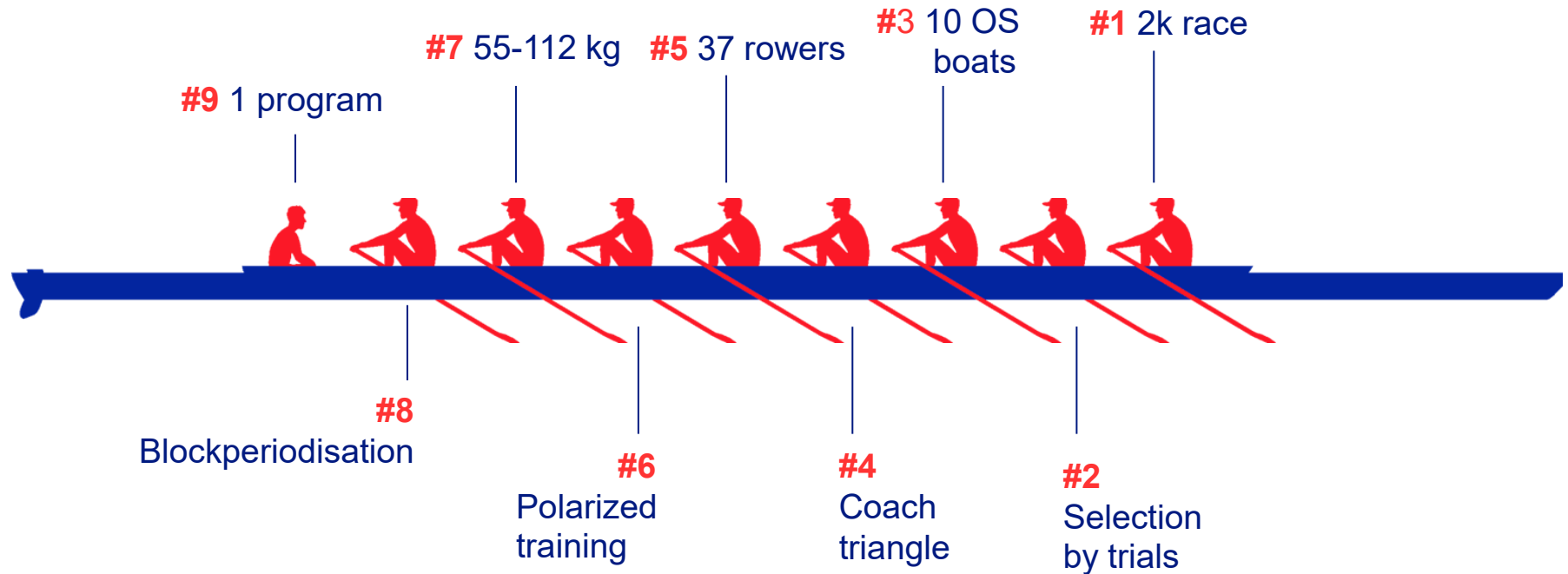


Think, Plan, Execute, Shine



Team NL Rowing

1 team 1 mission 1 vision



Driehoek Team NL Roeien

Staf

Experts

Roeier/Crew

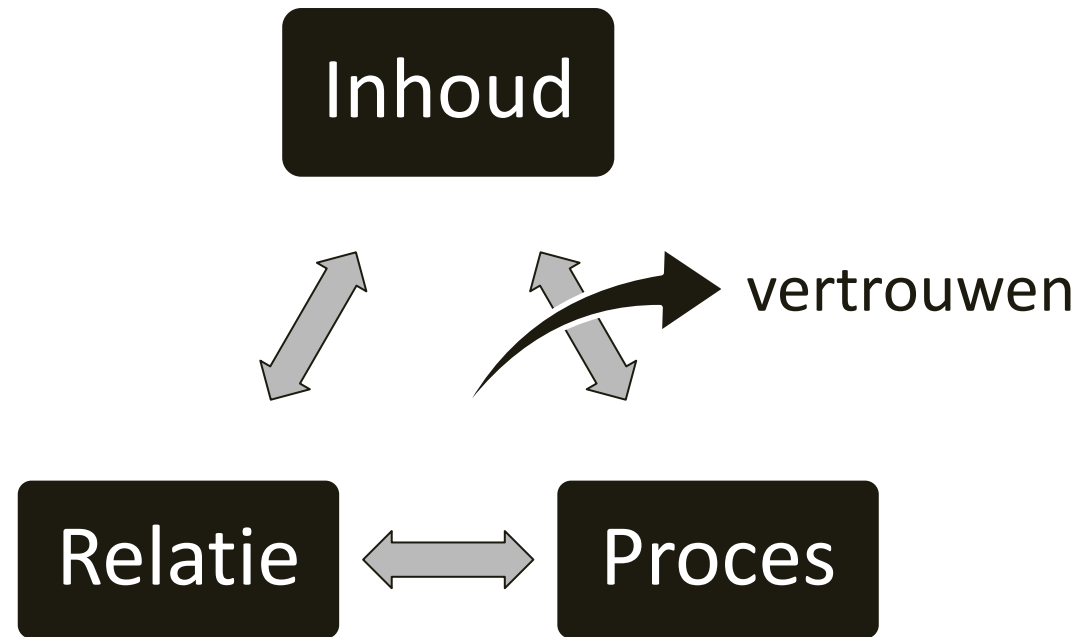
Coach

Fysioloog

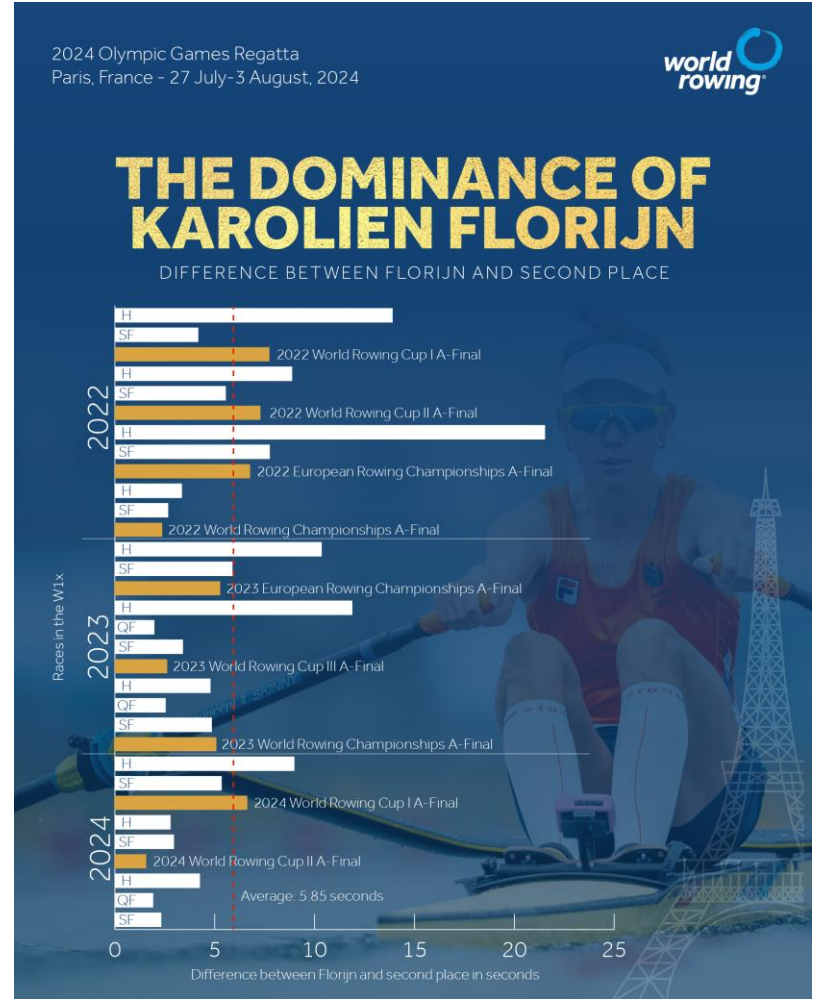
vertrouwen



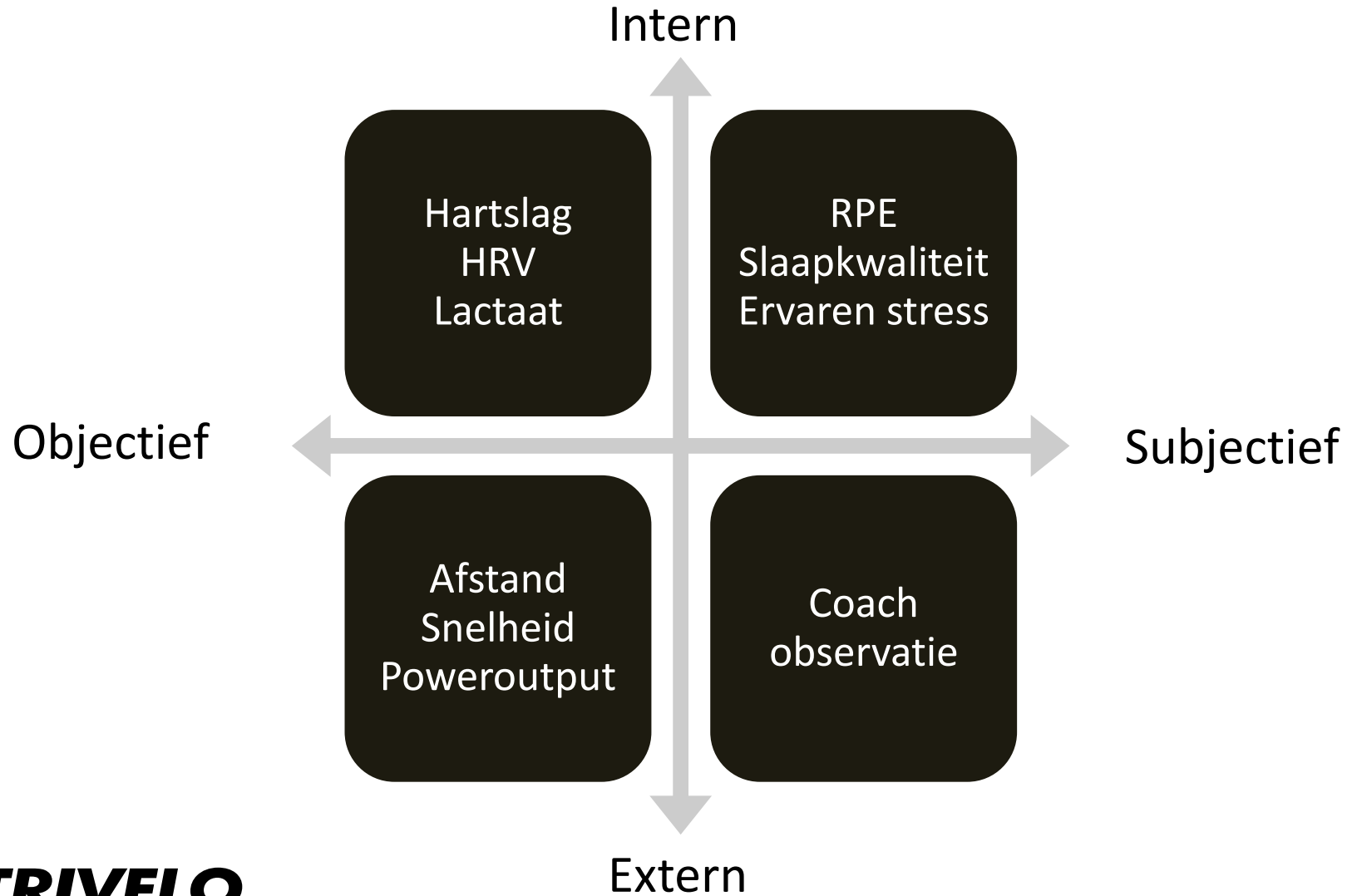
IRP Driehoek



Consistentie



Monitoring



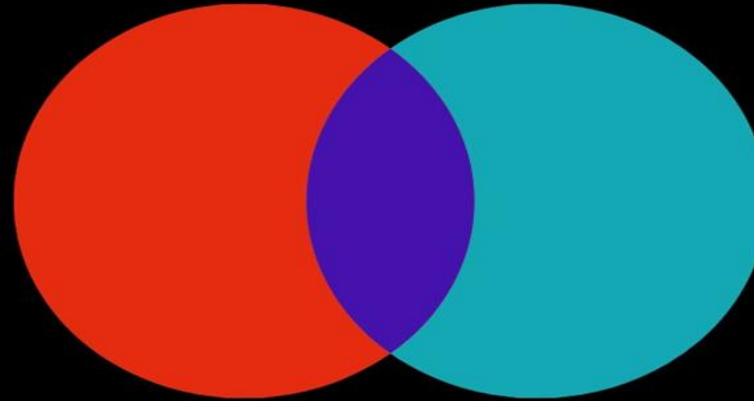
2026: weet je wat je meet?



Most performance decisions involving the complexities of human behaviour.

Quick decisions where expertise matters.

e.g., experienced doctor acutely managing an injury



Simple decisions with well-known parameters.

e.g., pain above 8/10, athlete doesn't train or compete

Intuition

Relying on experience or beliefs to make decisions.

Data-Informed

Triangulating intuition, experience and data to inform decisions.

Data-Driven

Relying on numbers or data to make decisions.

Besluitvorming maatwerk

Jaarplan
Trainingschema

Historie/profiel
atleet

Vragen stellen
Data/Observaties



Continue dialoog





Need to Know



Nice to Know



TRIVELO